

All RAGE players should have an updated highlight video to share with college coaches. This is something that you will need to create yourself, but unlike many other clubs, we film virtually all games for our u15-u19 teams. These games can be accesses via your Trace account at <a href="https://go.traceup.com/#/">https://go.traceup.com/#/</a>. Younger teams have games filmed via Veo, but footage for recruiting becomes more critical at the High School ages. All full games and clipped moments from Trace AUTOMATICALLY stream into and appear in your TGS player profile (college platform) through their partnership with Trace. Your clipped moments are a highlight video in and of themselves which you can regularly update. You can create an additional highlight video and post on a YouTube type platform if you wish.

Individual Highlight Video Examples from RAGE players:

Maddy Goldberg, GK: <u>https://youtu.be/u3S7nGuHAlc</u>

Hayden Jolley, Defender: https://www.youtube.com/watch?v=QYMxLySi76I

Ashleigh Garcia, Midfielder: <u>https://youtu.be/xJEcug1jUnl</u>

Trinity Sandridge, Forward: <u>https://www.youtube.com/watch?v=FPkvFJ4wxAY</u>

Videos should be 3-7 minutes long with music chosen wisely. They should also be comprehensive, showcasing all 5 moments of the game both on and off of the ball:

- 1. When we have the ball
- 2. When the opposition has the ball
- 3. When we are transitioning from defending to attacking
- 4. When we are transitioning from attacking to defending
- 5. Set pieces

Within those moments we should see key positional traits exhibited. Versatility is a huge bonus, so if you play multiple positions, try to include key features of each. Positional traits include but are not limited to those below.

Goalkeepers: Showcase shot stopping abilities, clean handling, parrying, saving different types of shots (low, high), diving capabilities, punching, picking off crosses (including in crowds), 1v1 situations, various distribution (sweeper/keeper with feet, punching, goal kicks, throwing), ability to organize and communicate.

Defenders: Showcase an ability to defend in 1v1 situations, tackling, winning balls in the air, defending crosses, shape/organization/awareness with the defensive line, ability to distribute successfully after winning the ball back, building possession out of the back, physical attributes like strength and speed.

Midfielders: Showcase vision and playmaking abilities through various passing ranges, creativity and the ability to beat others on the dribble, exceptional first touch, strong in the air, shooting/finishing capabilities, crossing, agility, fight to win the ball back after losing it and ability to prevent a counterattack by the opposition.

Forwards: Showcase finishing abilities, excellent dribbler, 1v1 separation speed and creativity, strength to shield with back to goal, heading abilities, proper pressing of defenders, reading and delivery of crosses, movement off of the ball to create separation and new spaces, timing of runs.