



## Insurance Guide

**PPOs – Can see without issue or need for authorization**

- Blue Cross Blue Shield
- Anthem Blue Cross
- Blue Shield of California
- Aetna
- Cigna

**HMOs – Can see without issue, but will need to submit for authorization, delaying appointment date**

- John Muir
- Sutter

**Medicaid – We do not take all medicaid or state medical insurances. Best care is to see their primary care physician/pediatrician for a referral to an in-network provider**

- Covered California
- California First Medical Group
- Alameda Alliance

\*This is by no means a complete list. It should serve as a guideline.

## How To Schedule

For an athlete needing a post-injury ImPACT test, please contact Laura to coordinate.

For athletes needing to see a physician, send a text or email to Laura with as much of the below information as possible:

- Athlete Name
- Athlete Date of Birth
- Injured body part
- Insurance Carrier
- Parent/Guardian Name/Phone number

If athletes are already in our Stanford system, Laura will be able to schedule without additional information.

If athlete is not in the Stanford system, Laura will hold the appointment day and time, however a scheduler will call to obtain additional information to register the athlete.

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