



## **RECREATIONAL SPRING SOCCER**

### **Spring 2010**

The RAGE Recreational Spring Soccer program provides a unique learning environment for recreational players to develop fundamental soccer skills. The goal of this program is to foster a passion for soccer and a greater understanding of the game while building a solid foundation of basic skills and technique. It was developed for ALL young players to have fun while learning to love the “beautiful game”.

Recreational Spring Soccer is open to all **RECREATIONAL** children entering into the Fall 2010 **U8, U9, U10, U11, U12, U13, and U14** age groups. There will be weekday training sessions along with Play Days (small-sided games) on Saturdays. This is a great way for players to continue improving throughout the spring season.

**Trainers:** Director of Recreation – Gabby Olivares and RAGE Coaching Staff

**When:** March 15th – May 8th, 2010 (6 weeks of activity)  
**NO TRAINING:** PUSD Spring Break 4/2/10 through 4/11/10

#### **Weekly Training Schedule – Pleasanton Middle School (Track Field)**

| <b>Age Group</b> | <b>Training Days and Time</b> |                                  | <b>Calendar Date</b>               |
|------------------|-------------------------------|----------------------------------|------------------------------------|
| U8               | Mondays                       | 4:00 – 5:15 pm                   | 3/15, 3/22, 3/29, 4/12, 4/19, 4/26 |
| U9               | Tuesdays                      | 4:00 – 5:15 pm<br>5:30 – 6:45 pm | 3/16, 3/23, 3/30, 4/13, 4/20, 4/27 |
| U10              | Wednesdays                    | 4:00 – 5:15 pm                   | 3/17, 3/24, 3/31, 4/14, 4/21, 4/28 |
| U11 & U12        | Wednesdays                    | 5:30 – 6:45 pm                   |                                    |
| U13 & U14        | Thursdays                     | 4:00 – 5:15 pm                   | 3/18, 3/25, 4/1, 4/15, 4/22, 4/29  |

**Saturday Play Days - 3/20, 3/27, 4/17, 4/24, 5/1, 5/8 – Pleasanton Middle School (Track Field)**  
**\*\*\*Specific teams will not be formed. Just come out and play with other girls in your age group.**

| <b>Age Group</b>  | <b>Time</b>       |
|-------------------|-------------------|
| U9                | 10:00AM – 11:00AM |
| U8 & U10          | 11:00AM – 12:00PM |
| U11/U12 & U13/U14 | 12:00PM – 1:00PM  |

**Where:** Pleasanton Middle School – Track Field (All training sessions and Play Days)  
 Player must bring cleats, shin-guards, soccer ball, and water to all practices.

**Cost:** \$125

**Contact:** Director of Recreation – Gabby Olivares  
[gabby@pleasantonrage.org](mailto:gabby@pleasantonrage.org) - 925.251.9116 x1007

**Register:** Mail in Registration Form and \$125 check made out to “PGSA Spring Soccer”  
 Mailing Address – PGSA Rec Spring Soccer, P.O. Box 11565, Pleasanton, Ca 94588  
**Deadline to register is March 8<sup>th</sup>, 2010**